



Ageless body, timeless mind : the quantum alternative to growing old

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Chopra, Deepak. New York, NY: Harmony Books , 1993.

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Long life prescription : fast and easy ways to stay energized and healthy at every age

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Harrar, Sari, Gordon, Debra. Montreal, PQ: Reader's Digest Association (Canada) ULC , 2009.

Audience: Patient or Public

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Availability: 1 copy, [1 available](#)